

Breakfast at MarketBasket

(7:30 - 10:30 am)

Scrambled Eggs

Sausage

Bacon

Home Fries

French Toast Sticks or Pancakes

Belgium Waffle

Bagel with Cream Cheese

Omelets to Order

Breakfast Sandwiches

Mon Egg & Cheese on Bagel

Tue Egg & Cheese on English Muffin

Wed Egg & Cheese on Biscuit

Thu Egg & Cheese on Croissant

Fri Breakfast Burrito

Self Serve Soup Bar

Mon Chicken Noodle • Tomato • Lentil (Vegan)

Tue Broccoli Cheese • Vegetarian Vegetable

3 Bean Chili (Vegan)

Wed Chili Con Carne • Cream of Potato

White Bean Escarole (Vegan)

Thu Italian Wedding • Minestrone • Potato Leek (Vegan)

Fri Boston Clam Chowder • Chicken Noodle

Mediterranean Eggplant

Pasta at Goodfellas

(11:00 am - 4:00 pm)

Pasta with Meatballs
Pasta with Alfredo Sauce
Pasta with Plain Sauce
Breadsticks
Pasta Specials (Daily)

WEEK 1

Mon Fettucini Primavera Alfredo
Tue Shrimp & Broccoli Pasta in Red Pepper Pesto Sauce
Wed Greek Style Pasta
Thu Chicken Fajita Pasta
Fri Vegetable Lasagna

WEEK 2

Mon Cheese Ravioli in Sauce
Tue Tuscany Ziti Tomato Pasta
Wed Cheese Tortellini with Alfredo Sauce
Thu Spinach Basil Bella
Fri Pasta Pollo Romano

Pizza at Goodfellas

(11:00 am - 4:00 pm)

Cheese
Pepperoni
Vegetable

Specialty (Daily)

Mon Spinach Pizza
Tue Chicken Wing Pizza
Wed Garlic Pizza
Thu Kansas City Pizza
Fri Chef Choice Pizza

Meal Deals include 1 slice with 16 oz. fountain soda

Lunch at MarketBasket

(11:00 am - 4:00 pm)

Homestyle Rotisserie Chicken
Macaroni & Cheese
Mashed Potatoes with Gravy
Hot Steamed Vegetables
Homemade Corn Bread
Baked Potato & Sour Cream

Daily Specials

Mon Carved Turkey

Tue Meat Loaf

Wed Carved Ham

Thu Carved Roast Beef

Fri Carved Pork Roast

Meal Deals*

Quarter Rotisserie Chicken
Specialy Carved Meat (Daily)

**Includes starch, vegetable and corn bread*

LUNCH BAR SPECIALS

Tuesday

Omelete Bar

Wednesday

Chicken Caesar Salad

Thursday

Waffle Bar

Lunch at The Hub Grill

(11:00 am - 4:00 pm)

Grilled Sandwiches

Grilled Cheese
Grilled Turkey & Cheese
Grilled Ham & Cheese
Grilled Tuna & Cheese
Grilled Veggie Melt

All grilled sandwiches served with a side of chips

Meal Deals

- #1 Sourdough Special
- #2 Chicken Strips
- #3 Chicken Sandwich w/Cheese
- #4 Cheeseburger
- #5 Buffalo Chicken Sandwich
- #6 Bacon Cheeseburger
- #7 Garden Burger

All meal deals include fries and 16 oz. fountain soda

Friday

Fish Fry with fries, roll, cole slaw, tartar sauce, lemon wedge

Daily Sourdough Specials

Week 1

- Mon "Old Smokey" Smoked Turkey, Bacon, Provolone,
Ranch Dressing
- Tue Cuban Style BBQ Sliced Pork Loin, Onion, Swiss Cheese,
BBQ Sauce
- Wed Buffalo Chicken Strip Melt, Provolone, Hot Sauce, Bleu
Cheese
- Thu Chicken Parmesan Melt, Pasta Sauce, Mozzarella Cheese
- Fri "Central Perk" Turkey, Ham, Provolone, Ranch Dressing

Week 2

- Mon Turkey Fajita, Shredded Cheddar, Salsa, Sour Cream
- Tue "Mama Mia" Pepperoni, Mozzarella, Pizza Sauce, Tomato
- Wed Buffalo Chicken Strip Melt, Provolone, Hot Sauce,
Bleu Cheese
- Thu "Big Bird" Turkey, Bacon, Tomato, Monterey Jack
- Fri "Santa Fe Melt" Turkey, Pepperjack Cheese, Tomato,
Ranch Dressing

Lunch at The Noodle Bowl

(11:00 am - 4:00 pm)

Please select any daily entree special
(served over your choice of white rice, lo mein or rice noodles)

CHICKEN

PORK

BEEF

SEITAN

TOFU

A La Carte Menu Items

WHITE RICE

VEGETABLE FRIED RICE

LO MEIN

RICE NOODLES

EGG ROLL

ONIONS

MUSHROOMS

CARROTS

BAMBOO SHOOTS

CABBAGE

CELERY

PEPPERS

BABY CORN

GINGER

GARLIC

Please select from one
of the following stir fry sauces...

SWEET & SOUR

LIME GINGER GARLIC

HUNAN

BLACK BEAN CHILI

TERIYAKI

SESAME

ASIAN BBQ

INDIAN CURRY

PEANUT SAUCE

TIKKA MASALA

SZECHUAN

VINDALOO

STIR FRY

SOY SAUCE

Try our new
Shrimp or Veggie
Spring Rolls
served with
Peanut Sauce